



Make each day a gift with the Morning Offering

In his pastoral letter *The Work of Redemption*, Archbishop Paul D. Etienne writes that the Mass should form us to offer ourselves for others.

“Gathering time and again to celebrate the liturgy, we experience and participate in Christ’s self-offering in the Eucharist. And even as we share in the fruits of his sacrificial love, we are called to make that love the model of our own

lives: We are called to offer ourselves for others. The liturgy is not only the model for our lives, but forms us to live our day-to-day lives with this same sacrificial love of Christ.”

He adds, “This way of life is captured beautifully in the Morning Offering prayer.” You can memorize this short prayer or keep a copy by your bed and make it the first thing you do when you wake up each day.



Jesus, through the Immaculate Heart of Mary,
I offer you my prayers, works, joys, and sufferings of this day
for all the intentions of your Sacred Heart,
in union with the Holy Sacrifice of the Mass throughout the world,
for the salvation of souls, the reparation of sins, the reunion of all Christians,
and in particular for the intentions of the Holy Father this month.
Amen.

You can find the pope’s monthly prayer intentions online. Pope Francis’ intention for November: “We pray that the progress of robotics and artificial intelligence may always serve humankind.”

Source: usccb.org